

## Formal Consecration to Truth (for Christians)

My God, I know you are Truth Himself; guide me in truth as you did the wise men of old. I believe that your Son, Truth Himself as well, became incarnate through Blessed Mary of Nazareth, who therefore can be called the Mother of Truth.<sup>1</sup> Lord, You came into the world to testify to the truth, and that all who hear the truth hear You. You came to testify to each and every truth, starting from where the human nature You took on starts, i.e., starting with the things we know through our senses. You came to testify to those things too!

To make the meaning of these words live in myself, *I hereby consecrate myself entirely to seeking and finding the truth. I commit myself to truth and all the work and problems that I will confront because of it, knowing that Joy will be my final end.*

I beg You to give me eyes to see and ears to hear. Open my will, open my heart so I will always be open to truth. Help me listen, seek out, and put myself at the feet of those who know. Guide me to find and flourish in my proper place in the human hierarchy of learning. Place in my heart the conviction that only in this way am I truly at Your service. Give me the grace to be open to my intellectual superiors, those who know more than me.

Pour forth a ray of Your brightness into the darkened places of my mind, dispersing from my soul the twofold darkness into which I was born: sin and ignorance. Help me to abandon my sin, especially my deliberate resistance to learning and doing things that are uncomfortable to me. Help me to see my sins, especially these anti-truth sins, as they are: dark anchors holding me from truth which alone will set me free.

Help me especially to grow in my knowledge and love of the fundamental truths of physical nature, upon which all other truths depend. Call and lead and strengthen me further into the noble life to which you call me in grounding myself in this fundamental physics.

Help me to always be grateful for every truth that I learn, as well as for those through whom I learn it, remembering that, each time I learn something new, You are coming to me in a special way.

Help me to take a real interest in the world around me, always joyfully looking to learn more about You through Your creation. Grant that, with the help of your grace, I will develop a habit of rationality and intellectual vigilance in my daily life, always remembering the admonition of the apostle Paul to meditate on whatsoever things are true.

Help me, O Lord, to think what is true, to desire and seek what is true, to speak what is true, and to do what is true. Lord, make this act, this statement of mine today, a total commitment to truth for me. Grant that I may spend this life growing in truth all my days in preparation for that eternal day when I hope to behold You Who are Truth Himself.

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<sup>1</sup> Therefore, already in this sense, since the Incarnation, Truth has come to us through Mary.